

2025



MARCH 2025

Cooperative Extension Service

Owen County Extension Office
265 Ellis Road
Owenton, KY 40359

4-H Youth Development Newsletter



National Ag Week

March 17th-21st

Hello 4-H Members and Families!

Don't get me wrong, I love a good snow, but this has been way too much! I'm ready for warmer weather! And warmer weather means it is (almost) fair season! Start thinking about what you want to submit for the Owen County Fair. Keep an eye out for future project days in the newsletters to come, you could walk away with something fit for a purple ribbon!

In this issue, you will find:

- 4-H Achievement Recipients! Congrats Charleigh, Jeremiah, and Josiah!
- March Club Information
- 4-H Communications Contest Information
- Ag Tag Information
- National Ag Week Information
- March 4-H Calendar
- And more!

If you have any questions, feel free to reach out by phone at (502) 484-5703 or by email at bgcharles@uky.edu.

Spring is in the air—let's grow into a great month ahead!



Bryce Charles

View all Extension newsletters at owen.ca.uky.edu/newsletters for all program areas!



Bryce Charles
Owen County
4-H Youth Development Agent

Contact us:

[502-484-5703](tel:502-484-5703)

owen.ca.uky.edu

facebook.com/OwenCounty4H



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.

Lexington, KY 40506



Disabilities accommodated with prior notification.

'Together, we grow.' How to help celebrate National Agriculture Education Week with 4-H

Our communities across Kentucky and beyond are gearing up to celebrate National Ag Week, March 17-21. As part of the weeklong celebration, we are encouraging everyone to recognize and support agriculture's vital role in fueling our everyday lives.

For 4-Hers, it's a great opportunity to learn more about the food and farming community—showing their pride and appreciation for Kentucky's hard-working agricultural industry. The official theme for this year's celebration is "Agriculture: Together, We Grow."

Here are several ways to help spread the word and help youth share in the celebration:

- **Take a virtual field trip.** Bring the farm and farmers to you through the "Kentucky Farms Feed Me" virtual field trip series at teachkyag.org/kyfarmsfeedme a program of the Kentucky Agriculture and Environment in the Classroom.
- **Learn more about what's growing in your county.** Check out the Kentucky Food and Farm website at kyfoodandfarm.info to learn what farmers are growing where you live.
- **Prepare a farm-to-table feast.** Serve your family a meal that highlights the quality and abundance of locally grown and raised agriculture products in Kentucky.
- **Share what you know through youth group discussions.** At your next 4-H club meeting, talk with your peers about what agriculture means to you and how it affects your community.
- **Explore agricultural career opportunities.** Careers in agriculture include a myriad of jobs in food production, agricultural engineering, environmental science, animal nutrition and more. Learning about these career possibilities is a great way to support the industry's future. Visit kyagworks.org for career profiles and job quizzes.
- **Thank a farmer and anyone that contributes to agriculture.** Reach out to farmers and anyone you know in your community who impacts this vibrant industry. Express your gratitude for their work and contributions.
- **Spread the word on social media.** Your county extension office's social media pages are an excellent place to find posts you want to share/reshare. With adult guidance, 4-Hers can remind their family and friends online of agriculture's impact on their lives.
- **Participate in the Kentucky Agriculture Poster and Essay Contest.** Share what Kentucky agriculture means to them through the written word or colorful artwork. The 2025 theme is "Kentucky Agriculture Makes Me Proud." Find entry information at kyagr.com/marketing/poster-essay-contest.html.

For more information on Agriculture Education Week, including the history, learning resources and to learn how you can get involved, visit kyagr.com/marketing/ag-education-week.html.

If you are looking for ways to celebrate National Ag Week with the young people in your life, it is easy for everyone to participate. Your county 4-H agent can connect you with agriculture-related learning activities and resources you can use to educate others about agriculture in your community.

Contact your local Owen County Extension Office for more information, programs or events going on in your county.



HOW YOUR \$10 AG TAG BUILDS BOUNDLESS FUTURES



KENTUCKY FFA

Provides travel scholarships for students and chapters competing at the **National FFA Convention**.

Offers grant opportunities for local chapters to enhance **classrooms and communities**.

KENTUCKY 4-H

Creates hands-on learning experiences, builds friendships, and fosters growth through **4-H Camp**.

Supports **skill development** through judging activities, 3-D design, and community projects.

100% TO AG

100% of Ag Tag funds are evenly split between Kentucky 4-H, Kentucky FFA, and Kentucky Proud.

Half of the funds for 4-H and FFA are returned to the originating counties.

KENTUCKY PROUD

Funds **scholarships** for programs like Athletes in Agriculture.

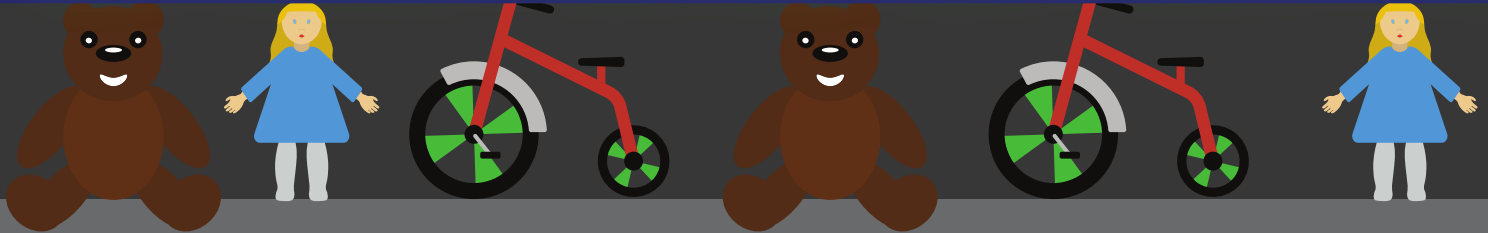
Makes events like the **Kentucky State Fair and North American International Livestock Exposition** possible.

SMALL ANIMALS



March 4th
6:30 PM

SHOOTING SPORTS



March 10
6 PM

Safety Meetings

March 31
6 PM



Owen County Extension Office

You must attend both sessions to participate!

Discover 4-H



March 27th
6:00 – 8:00 PM

Cloverbuds



Join us for our next meeting as we plant clover seeds and make a mixed media watercolor art project featuring the iconic 4-H clover!

March 17th
6:00 PM



Teen Council Newscast

March 17th

6:30 PM

Craft Club

March 20th
3:30 PM



Livestock Club



March 20th
6:30 PM

Outdoor Adventure



March 24th
6:00 PM

HORSE CLUB



MARCH 6TH
6 PM

SAVE THE DATE

Sewing Project Days

OPTION 2

OPTION 1

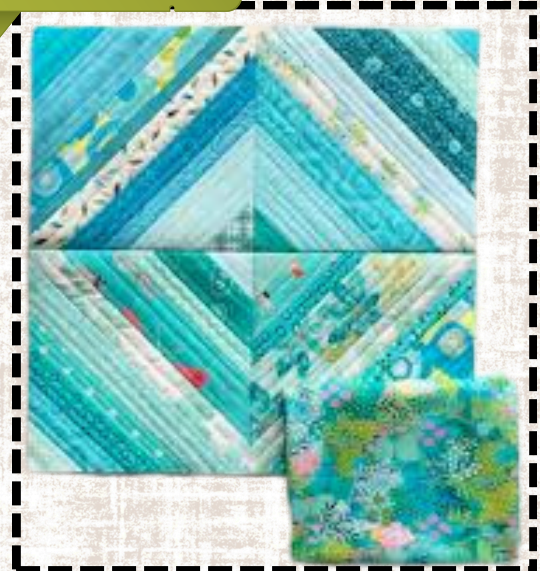


Monday, June 2nd
12:00 PM - 4:00 PM

Learn how to sew. Make a basic pot holder.

*Experienced sewing participants are encouraged to help.

Lunch is not provided.



Wednesday, June 4th
10:00 AM - 3:00 PM

Friday, June 6th
10:00 AM - 3:00 PM

Make a quilted wall hanging.

*Will need to attend both days to complete the project. Participants must be able to thread a sewing machine and sew a straight stitch.

Lunch is not provided.

Communications Contest Categories

Speeches:

Choose a topic, research, and write your own speech!
Compete against others in your 4-H age category.

Demonstrations

Create a demonstration that teaches the judges how to do something you love!
You must have a tri-fold demonstration board. Compete in either junior (9-13) or senior (14-18) divisions.

Core topics:

- Agriculture
- Expressive Arts
- Family, Consumer Sciences
- Health
- Leadership
- Natural Resources
- Science, Engineering, Technology

Mock Interview

(Senior 4-Hers only)

Get real life experience by creating a resume and applying for one of the following fictitious positions in our competitive 4-H job market:

- Vet Technician
- Coffee Bar Attendant
- Photographer
- Retail Sales Associate

Contact Owen County Extension Office
for more details!!




Oral Communications or Demonstration Contest



Thursday, April 3, 2025

Owen County Public Library
6 PM

 502.484.5703

 bgcharles@uky.edu

Please fill out and return to the Extension Office by Thursday, March 27th to compete in the contest!

Name _____ Age as of January 1st, 2025 _____

- Speech Category: _____ Title: _____
- Demonstration Category: _____ Title: _____
- Mock Interview Category: _____

I, (print full name) _____, hereby grant permission to the University of Kentucky and its affiliates and subsidiaries, including but not limited to the UK Alumni Association, UK Athletics Association, and UK Research Foundation to interview, photograph, and/or videotape my minor child, _____, and/or to supervise any others who may do the interview, photography, and/or videotaping; and/or to use and/or permit others to use information from the aforementioned interview and/or the aforementioned images in educational and promotional activities for the following without compensation:

Please check all that apply:

- UK Educational Publications/Videos
- UK Electronics Publishing (e.g. World Wide Web)
- UK Promotion/Advertising
- Local/Regional/National News Media w/ permission of UK

Signature of Parent/Guardian _____ Date _____



Cooperative Extension Service

4-H SUMMER

CAMP

JUNE 9-13TH

REGISTER TODAY!!

**AT NORTH CENTRAL
4-H CAMP**

Camper, Teen Counselor, and Adult Counselor applications are available at the Owen County Extension Office!

AGE 9-14: \$325 | AGE 15-17: \$163

**APPLICATIONS DUE MAY 12TH, 2025;
PAYMENT DUE IN FULL BY MAY 30TH, 2025**

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Disabilities accommodated with prior notification.



Cooperative Extension Service

SAVE THE DATE!



JUNE 27-29, 2025



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**Charleigh Wright
Gold Recipient**



**Jeremiah Jury
Gold Recipient**



**Josiah Jury
Clover 1 Recipient**

Please join us in congratulating Charleigh Wright and Jeremiah Jury for receiving their Gold Award in 4-H, as well as Josiah Jury for receiving his Clover 1 Award!

The 4-H awards system is comprised of Clover 1, Clover 2, Clover 3, Bronze, Silver, Gold, and Emerald. The awards become more and more selective as you move through the process, with the few individuals reaching Gold and Emerald being significant youth leaders in their communities.

We are so excited to recognize these 3 growing 4-H members for their achievements. We can't wait to see what they will get up to next!

**4-H Achievement
Recipients!**





Martin-Gatton

College of Agriculture,
Food and Environment



HIKE! EXPLORE! LEARN!

OUTDOOR ADVENTURE CAMP



**Get together with friends and
learn outdoor survival skills!
Scan below for the
application!**



**MAY 2-3, 2025
STARTS AT 1 PM
\$100 PER PERSON
REGISTER WITH YOUR
COUNTY 4-H AGENT**

**LAKE CUMBERLAND 4-H CAMP
17500 KY-196
NANCY, KY 42544**

**OPEN FOR KIDS AGED 13 AND UP.
THE TEAM OF SKILLED PROFESSIONALS ENSURE
ALL KIDS ARE SAFE 24/7.**

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Disabilities
accommodated
with prior notificati



4-H Council Meeting
March 24th

7PM
Owen County
Extension Office



SAVE THE DATE



OCHS Greenhouse
Where Education Blooms!

OCHS Greenhouse Spring Plant Sale
Grand Opening and Ribbon Cutting Event
APRIL 26, 2025
9:00 AM - 12:00 PM



Oral Communications or Demonstration Workshops

Monday, March 10th, 2025
5:00 PM
Owen County Extension Office

Monday, March 27th, 2025
5:00 PM
Owen County Extension Office

 502.484.5703

 bgcharles@uky.edu



MARCH 2025



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

| | | | | | | 1 |
|----|--|---|----|--|----|----|
| 2 | 3 4-H Sewing 3-6 PM | 4 4-H Sewing 4-6 PM Small Animals 6:30 PM | 5 | 6 Meet & Greet 5 PM Horse Club 6 PM | 7 | 8 |
| 9 | 10 Communications Workshop 5:00pm 4-H Shooting Sports 6 PM | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 Cloverbuds 6 PM Teen Council 6:30 PM | 18 | 19 | 20 Craft Club 3:30-5 PM Livestock Club 6:30 PM | 21 | 22 |
| 23 | 24 Outdoor Adventure 6 PM 4-H Council 7 PM | 25 Country Ham Field Trip 5:00 PM | 26 | 27 Communications Workshop 5:00 PM Discover 4-H 6:00 PM | 28 | 29 |
| 30 | 31 4-H Shooting Sports 6 PM | | | | | |



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265 Ellis Road
Owenton, KY 40359

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Bryce Charles

4-H Youth Development Agent

Wally Wildcat Big Blue Muffins

Ingredients:

- 2 cups blueberries
- 1 cup sugar, divided
- 1 1/2 cups all-purpose flour
- 1 cup whole wheat flour
- 2 1/2 teaspoons baking powder
- 1 teaspoon salt
- 2 eggs
- 1/2 cup vegetable oil
- 1 cup 1% milk
- 1 1/2 teaspoons vanilla extract
- cooking spray

Directions:

1. Preheat the oven to 350 F. Spray a 18-cup muffin tin with cooking spray or insert paper liners in muffin cups.
2. Place 1 cup of blueberries and 1 tablespoon sugar in a small saucepan and simmer over medium heat, mashing berries and stirring frequently, for about 6 minutes until mixture is thickened and reduced to about 1/4 cup. Cool
3. In a large mixing bowl, stir together the remaining sugar, all-purpose flour, whole-wheat flour, baking powder and salt.
4. Make a well in the center of the dry ingredients. Add eggs, oil, milk and vanilla. Whisk together the liquid ingredients. Use a rubber spatula to fold together the liquid and dry ingredients, just until moistened. Fold in the remaining blueberries.
5. Divide in batter equally among the muffin cups, filling about two-thirds full.
6. Spoon approximately 1/2 teaspoon of cooked berry mixture onto each cup of batter. Use a skewer or dinner knife to gently swirl berry topping into the batter.
7. Bake 17 to 19 minutes until muffin tops are golden. Cool muffin pans for several minutes before transferring to a cooling rack.

